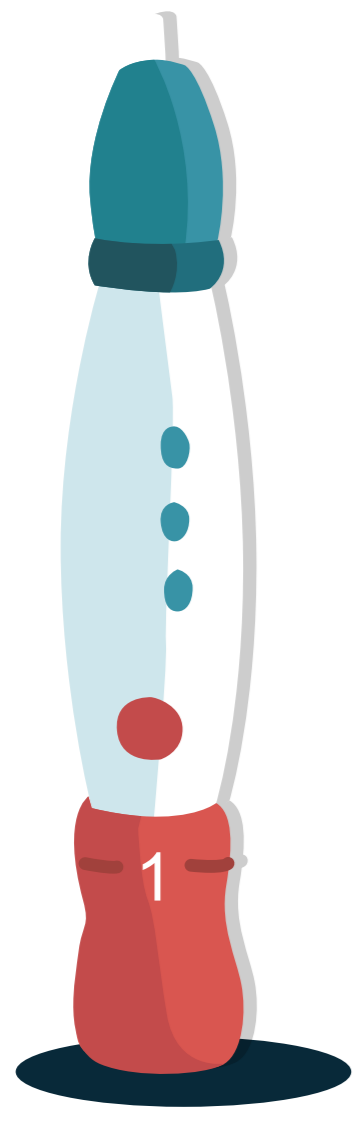


BLOOD SUGAR METERS

Components of a Blood Sugar Meter Test Kit:



Lancets (Needles) & Lancing Device



Glucometer



Glucose Test Strips

Know Your Device! Did You Know?

- Some blood sugar meters check for ketones* in the blood, alerting patients about a potentially fatal complication from extremely high sugar levels.
**Ketones are produced by breaking down fats when the body cannot produce enough insulin to process sugars.*
- Some blood sugar meters will prompt users when there is an insufficient blood sample and allows application of more blood to the same test strip.
- Connection to computer and phone apps helps to store readings and view blood sugar charts.

Factors to Consider When Buying a Blood Sugar Meter:

- | | | |
|---|--|---|
| <input checked="" type="checkbox"/> Ease of use | <input checked="" type="checkbox"/> Amount of blood needed for each test | <input checked="" type="checkbox"/> Cost |
| <input checked="" type="checkbox"/> Size of device and screen | <input checked="" type="checkbox"/> After-sales support | <input checked="" type="checkbox"/> Out-of-range indicator |
| <input checked="" type="checkbox"/> Speed of testing result | <input checked="" type="checkbox"/> Date and time recording feature | <input checked="" type="checkbox"/> Results may be transferred to computer or mobile device |



Alternate Site Testing

Flash Glucose Monitoring System (on Upper Arm)

- 5-10 minutes delay
- Sensor is attached to the skin and readings can be obtained by scanning with your mobile phone.
- Complements standard home glucose monitors.

Alternate Site Testing (i.e. Forearms, Thighs)

- 20-35 minutes delay
- Only used for patients with stable blood sugar levels
- Not recommended for people who are prone to low blood sugar



Speak with your Pharmacist for advice on diabetes management, lifestyle changes, and recommended strategies to help keep your blood glucose in check!

