

Location



A

Linkway @ Level 1
Via MRT station
(Exit A)

B

Linkway @ Level 1

C

Linkway @ Level 4

Drop off only

Bus Stop

Carpark

Taxi Stand / Drop off

Kent Ridge MRT
Station @ Level 1



5 Lower Kent Ridge Road, Singapore 119074
Tel: (65) 6779 5555 Fax: (65) 6779 5678 Website: www.nuh.com.sg
Company Registration Number: 198500843R

Contact Information

National University Heart Centre, Singapore

1 Main Building of NUH

Opening Hours: 8.30 am - 5.30 pm

(Monday - Friday)

Closed on Weekend

& Public Holidays

Website: www.nuhcs.com.sg

Getting to NUH

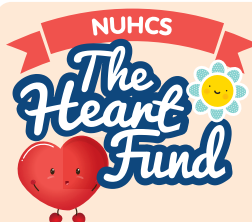
Circle Line Kent Ridge MRT Station

Commuters can transit at the Buona Vista MRT Interchange and alight two stops after at the Kent Ridge Station. The station is served by three exit-entry points.

Exit A: Right at the doorstep of National University Heart Centre, Singapore.

Exit B: Along South Buona Vista Road, which links to Singapore Science Park 1.

Exit C: Leads to NUH Medical Centre.



Every day, we save lives by providing financial relief to needy patients, funding groundbreaking research and giving training to our medical specialists. This is why the support we receive is essential.

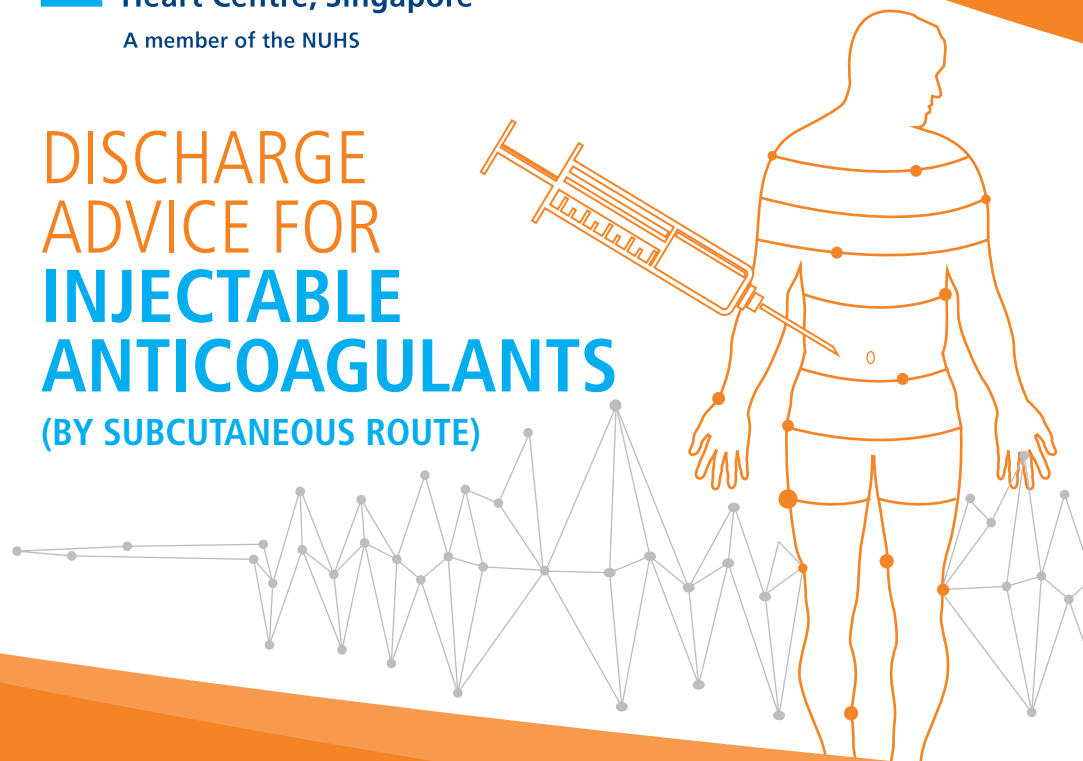
Make a donation and help us continue the fight for every heartbeat!

To make an online donation, log on to <http://www.nuhcs.com.sg/make-a-gift.html>

National University Heart Centre, Singapore

A member of the NUHS

DISCHARGE ADVICE FOR INJECTABLE ANTICOAGULANTS (BY SUBCUTANEOUS ROUTE)



View patient education videos on NUHCS YouTube page!

STEP 01



Download a FREE QR Reader on your smartphone and scan the QR code.

STEP 02



The QR code will decode instantly. You'll be brought to www.youtube.com/user/NUHCS



Scan the QR code

What is injectable anticoagulant (by subcutaneous route)

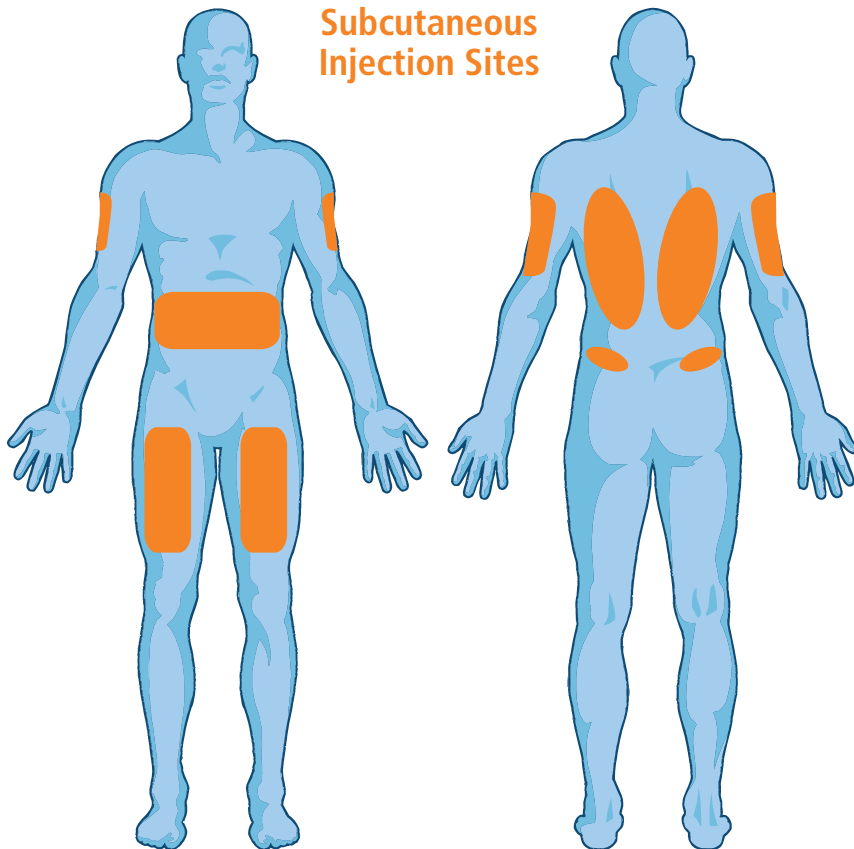
Injectable anticoagulant is a medicine injected directly into your fatty tissue to reduce the risk of blood clotting.



Examples

- Heparin
- Enoxaparin (Clexane)
- Nadroparin (Fraxiparine)
- Tinzaparin (Innohep)

Subcutaneous Injection Sites



Possible side effects

- Unexpected or severe bruising, gum bleeds, nosebleeds, coughing up blood or bleeding that takes a long time to stop
- Menstrual flow that is heavier than normal
- Pink or red urine
- Black tarry stools or blood in your stools
- Sudden, severe and persistent headache, dizziness or weakness
- Swelling, warmth, redness, pain, numbness in your legs
- Blackouts, unexplained loss of feeling, slurred speech or visual disturbances
- Chest pain or breathlessness



Seek medical advice promptly if you experience any of the side effects above

Special precautions



1 Be careful when you are doing activities with a high risk of injury as you are at a higher risk of bleeding



2 Inform your doctor/surgeon or dentist that you are taking injectable anticoagulant before any operation or dental procedure



3 Use waxed dental floss and soft toothbrush



4 Seek medical attention promptly if you have a fall or injury to your head or face

Disposal



Throw used injection/needles into a sharps bin or tin can before disposal into rubbish bin