

## Patient and Family Information

# Travellers' Health and Vaccination Clinic (THVC)



### Travellers' Health and Vaccination Clinic (THVC) Outpatient Procedure Centre/OPAT NUH Medical Centre, Level 3

#### Operating hours:

Mon, Wed and Thu: 2pm to 5pm  
(Strictly by appointment only)

#### Contact details:

(65) 6772 8600 (8.30am to 5.30pm)  
Email: [travel@nuhs.edu.sg](mailto:travel@nuhs.edu.sg)

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The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

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## Travellers' Health and Vaccination Clinic (THVC)

The NUH Travellers' Health and Vaccination Clinic (THVC) provides pre- and post-travel health counselling along with immunisations and medications required for overseas travel.

You will receive a consultation by an Infectious Diseases specialist, and the vaccine administration and/or blood tests by a nurse if required.

You will be kept for observation for 15 minutes after the vaccination to monitor for any reactions. You will receive a certificate of vaccination before leaving the clinic.

Further follow-up appointments for booster doses will be arranged, if required.

You should aim to make an appointment four to six weeks before your trip, to allow time to complete all the vaccination courses.

Please bring along any previous vaccination records you may have to the clinic.

## Our Services

- Pre-travel immunisations
- Prescription of medications for the prevention of malaria, standby treatment for travel-associated diarrhoea and prevention of altitude sickness
- Condition-specific health advice for travellers with special circumstances (for instance, pregnant women, the elderly or immune-compromised individuals)
- Post-travel screening tests for travel-related infections for returning travellers, depending on the exposure history and any symptoms that the traveller might have
- Vaccinations for non-travellers who may have missed out on routine childhood vaccinations or may require vaccinations for specific reasons

## Vaccinations available:

- Dengue (Dengvaxia\*)
- Hepatitis A (VAQTA)
- Hepatitis B (Engerix-B)
- Hepatitis A and Hepatitis B combined (Twinrix)
- Influenza
- Japanese Encephalitis (IXIARO/ IMOJEV\*)
- Measles, Mumps, Rubella (Priorix\*)
- Meningococcal ACWY conjugate (Menactra/ Menveo)
- Pneumococcal polysaccharide (Pneumovax 23)
- Pneumococcal conjugate (Prevenar 13)
- Polio (EIPV)
- Rabies (PCEC)
- Tetanus, diphtheria, and pertussis (Boostrix)
- Typhoid (Typhim Vi)
- Varicella (Varivax\*)
- Yellow Fever (Stamaril\*)

\*Live-attenuated virus vaccines

## Note:

- Vaccination may be subject to change based on availability
- Please contact our clinic if you have any enquiries

## Post-Vaccination Advice

- Common side effects include pain, swelling, redness or a small hard lump at the injection site.
- Other common side effects include dizziness, lethargy, fever less than 38°C, mild headache or muscle aches. These usually resolve after a couple of days.
- Female patients must avoid pregnancy for four weeks following any live-attenuated virus vaccine (see above).
- Female patients must avoid pregnancy or breastfeeding for four weeks after taking the Yellow Fever vaccination.
- Complete all the vaccine doses as scheduled so that you are fully protected against the infection for which you have been vaccinated.
- Please seek medical attention immediately if you develop any shortness of breath, rash, swollen eyes/face/lips or persistent fever of more than 38°C after vaccination.