

# Volunteering at NUH

Our volunteers come from all walks of life – students, working adults, homemakers, retirees and expatriates. They spend time engaging our patients in activities like art and craft, music, games and more.

## Regular Programmes

### Silver Connection Programme

Engage our elderly patients in activities such as colouring, shape-sorting exercises and Sudoku

### Art & Craft

Engage our patients in colouring and activities such as origami and card making

### Hair Grooming / Cutting Service

### Service Ambassador Programme

Assist outpatients with basic translation, wayfinding and general enquiries

### Befrienders

Interact with patients and support their rehabilitation activities at NUH's offsite ward

## Ad-hoc Programmes

We also welcome individuals and groups keen to organise ad-hoc activities (e.g. musical performance) for our patients. Share your proposal with us.



Join us if you are

- Aged 16 and above
- In general good health
- Able to commit at least two hours per session on a weekly basis, for six months upon confirmation of enrolment

Successful applicants may be required to attend an orientation /training session prior to commencement of volunteer service depending on the programme.

Contact us via email : [nuhvolunteers@nuhs.edu.sg](mailto:nuhvolunteers@nuhs.edu.sg)  
to request for an application form.