

Basic Screening

\$260

This is a basic screening package that aims to identify areas that can be managed to prevent diseases like diabetes mellitus, high cholesterol, hypertension and obesity and their predisposing factors.

Example:

Mr. George Wellington is a 45-year-old man. He doesn't smoke but enjoys alcohol with his friends on weekends. He is slightly over-weight and does not have time to exercise. He wishes to find out if his health is fine with his current lifestyle.

=====

This package is conducted over ONE visit to the NUH Wellness Centre:

1) Comprehensive Medical History & Physical Examination (15 mins)

- Present complaints (if any)
- Full history-taking including past medical, family, social & drug history
- Review of entire body system

2) Biometrics Parameters

- Blood Pressure
- Body Mass Index (BMI)
- Height & Weight
- Visual Acuity

3) Laboratory & Other Investigations

- Lipid (Cholesterol) Profile
- Diabetic Screen (Glucose)
- Urine Analysis

4) Medical Review & Counselling (15 mins)

- Discussion and interpretation of physical findings and laboratory results
- Recommendations and health education by our Doctor
- Medical follow-up and direct referrals to other specialists' services within NUH (if necessary)

Price quoted is in Singapore dollars and subject to prevailing government taxes.

Information is correct as at Oct 2017 and subject to revision without prior notice.