Look younger without going under the knife

More people in their 20s and 30s are opting for non-invasive procedures, such as botox injections, to delay the signs of ageing.

Dr Lyn Chiam, a dermatologist at Mount Elizabeth Novena Hospital, performing microfocussed carbon dioxide laser skin resurfacing on Ms Han Sim.

NAD WANG CHENG

I n the United States, scientists injected the dermis, or second layer, of the skin with collagen, to make it thicker and more elastic. The patient’s natural collagen production would then be triggered to keep the skin more elastic and taut. Over time, new collagen is produced by the dermis, or second layer, of the skin.

Looking at the current market, Dr Pang has seen a threefold increase in the number of non-invasive aesthetic procedures in his practice over the past two years. His top requests include non-invasive fat reduction, non-surgical eyelid reduction and facelifts, as well as combination treatments, which includes botox injections and fillers.

Patients, doctors said, want safe and effective procedures which are customised to their individual needs, not doctors.

“Patients want safe and effective procedures which are personalised to their individual needs, not doctors,” said Dr Pang.

The treatment gives good results without the harsh side effects and downsides of traditional carbon dioxide laser skin resurfacing, he added.

This is followed by non-surgical facelifts and non-invasive facelifts.

“Even after removing the fat deposits from above his face the entire time Dr Pang was working, to see what was going on, I was motivated enough to continue for days, until when I had surgery,” he said.

He added: “With surgery, you go to sleep and then you wake up after surgery. There is no time for you to think about the consequences. I was very motivated to see the results.”

“For the procedure, I was quoted $2,500 ($3,300) for the first session and $1,800 ($2,300) for the second session,” said Chiam.

“Dr Chiam’s clinic assistant only charged me $2,500, which was complimentary. I was motivated enough to continue for days, until when I had surgery,” he said.

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