

# TALKS

## Caregiver Sharing Session (Tentative)

15 September 2018

Saturday, 10am – 12pm, NUH

# WALKS

## Nature Walk @ Botanic Gardens, Saturdays, 7.30am – 10am

29 September 2018

27 October 2018

# OUTINGS

## Organic Farm Visit – Frog Farm & Bollywood Veggies

18 August 2018 (Saturday), 9am – 3pm

Want to join us?/ Have any questions?

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Please Note:

- Talks are conducted in English. The scheduled speaker and venue is subject to change.
  - NUH Venue: NUH Medical Centre @ Level 10, Corridor G, Health Resource Centre @ NCIS
  - TTSH Venue: Tan Tock Seng Hospital, Conference Room, TTSH CARECONNECT (opposite Kopitiam)
  - Nature Walks meeting point:
- Starting Point: 7.30am @ Botany Centre, Tanglin Gate (via junction of Holland / Napier Road)
  - Breakfast Point: 8.30am @ Circle Line, Botanic Gardens MRT Station, Exit A, Bukit Timah Gate

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NPC oneHeart  
Support Group

The NPC oneHeart Support Group is for anyone who has been touched by NPC, and Head and Neck cancer. It is also open to anyone who would like to join a support group, regardless of their type of cancer. We meet every month either at the National University Cancer Institute, Singapore (NCIS) or at Tan Tock Seng Hospital (TTSH). Learning & growing together as one through organised activities, and sharing of stories on our fight against cancer. Come join us today!