

TALKS

The Gut - Brain Connection by Nutritionists (James & Carol)

5 May 2018 (Saturday), 10am– 12pm, NUH

Dental Care after Radiation Therapy

14 July 2018 (Tentative)

WALKS

Nature Walk @ Botanic Gardens, Saturdays, 7.30am – 10am

28 April 2018

26 May 2018

30 June 2018

Want to join us?/ Have any questions?

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Please Note:

- Talks are conducted in English . The scheduled speaker and venue is subject to change.
- NUH Venue: NUH Medical Centre @ Level 10, Corridor G, Health Resource Centre @ NCIS
- TTSH Venue: Tan Tock Seng Hospital, Conference Room, TTSH CARECONNECT (opposite Kopitiam)
- Nature Walks meeting point:

- Starting Point: 7.30am @ Botany Centre, Tanglin Gate (via junction of Holland / Napier Road)
- Breakfast Point: 8.30am @ Circle Line, Botanical Gardens MRT Station, Exit A, Bukit Timah Gate

E V E N T S



NPC oneHeart
Support Group

The NPC
oneHeart Support
Group is for anyone who
has been touched by NPC, and
Head and Neck cancer. It is also open
to anyone who would like to join a support
group, regardless of their type of cancer.
We meet every month either at the National
University Cancer Institute, Singapore
(NCIS) or at Tan Tock Seng Hospital
(TTSH). Learning & growing together as
one through organised activities,
and sharing of stories on our
fight against cancer.
Come join us
today!