



PRACTICAL TIPS IN SPORTS MEDICINE FOR THE GENERAL PRACTITIONER

26 January 2019, Saturday
2 to 4 pm

Registration & Lunch starts at 1 pm

NUH Sports Centre
Main Building Level 1
(Beside Clinic B)

Parking are complimentary at:
Kent Ridge Wing - Basement & L1

INTERACTIVE STATIONS

- There are many different types of ankle fractures and each must be treated differently. Learn about the symptoms, risks and treatments for common foot and ankle sports injuries
- Learn about common acute and chronic sports injuries of the knee in children
- Footwear prescription and what should patients wear when exercising
- Physiotherapy for common foot and ankle conditions

Registration

Email: gp@nuhs.edu.sg

NUH GP CME Portal
www.nuhcme.com.sg

University Orthopaedic
Hand & Reconstructive Microsurgery Cluster
www.nuh.com.sg/UOHC