



Ruth GAN Ying Teng, MPsych

Senior Clinical Psychologist

Department of Psychological Medicine

Qualification(s)

Master of Psychology (Clinical), National University of Singapore, Singapore

Bachelor of Arts (Honours) in Psychology, Nanyang Technological University, Singapore

Workgroups/Work Areas

Inpatient Adult Individual Therapy (Rehabilitation)

Outpatient Adult Individual Therapy (Rehabilitation)

Outpatient Adult Individual Therapy

Outpatient Adolescent Individual Therapy

Outpatient Child Individual Therapy

Outpatient Adult Neuropsychological Assessment

Interest Areas

Anxiety Disorders

Cognitive Behavioural Therapy

Depression

Dialectical Behaviour Therapy

Mood Disorders

Personality Disorders

Schema Therapy
