

## Psychology Observation Programme 2023

### Objective:

To provide an exclusive peek into the work of clinical psychologists and neuropsychologists in a hospital setting.

### Criteria for Eligibility:

This programme is open to university undergraduates who are majoring in Psychology, and are at least in their 3rd year of study.

#### 1. Psychology Observation Programme (Workshop Series)

Duration of the Programme: 29<sup>th</sup> to 30<sup>th</sup> May 2023, 9.30am – 5.30pm

Course Fee: \$100

- A 2-day programme targeted to provide information towards building a career in Clinical Psychology and/or Clinical Neuropsychology.
- Topics covered will include various aspects of clinical psychology and clinical neuropsychology, introduction to job requirements and scope of practicing psychologists in a hospital.
- Hear from our psychologists on securing their career paths and acquire valuable tips.
- Gain opportunities to acquire basic knowledge of various therapy modules and assessment techniques.
- Learn and experience what it is like to be in experiential group therapy sessions.
- Participate in our exclusive Q&A where we invite a panel of senior psychologists to share tips on being a psychologist in Singapore.

#### 2. Psychology Observation Programme (Full Programme)

Duration of the programme: 29<sup>th</sup> to 30<sup>th</sup> May, 5<sup>th</sup> to 9<sup>th</sup> June 2023

Course Fee: \$500

- A comprehensive 5-day programme to understand the job requirements and scope of practicing psychologists and neuropsychologists in a hospital.
- Applicants who are accepted into the full program will be expected to attend the Workshop Series, at no additional charge.
- Participate in department academic activities such as Grand Ward Rounds, Journal Clubs, and Psychotherapy Interest Groups.
- Direct clinical observation of clinical session such as outpatient individual and group psychotherapy.
- Observe the functioning of the Consultation Liaison team and outpatient psychiatric clinic.
- Gain opportunities for clinical observation and participation in the Psychiatric Ward, including attendance at multidisciplinary ward round, case discussions, individual and group psychotherapy.
- Observe psychometric assessment session and case discussion thereafter.

### 2023 Intake:

*Open for Applications: 6<sup>th</sup> March 2023 to 3<sup>rd</sup> April 2023*

### Application Details:

Interested applicants may apply with the following supportive documents at <https://for.sg/pop2023application>.

1. Curriculum Vitae (with photograph).
2. Cover letter detailing the following:
  - a. Tell us about yourself (e.g. hobbies, interests, goals, etc).
  - b. Why you want to be an intern at NUH.
  - c. What you hope to achieve from this experience.

**Note:** For participants chosen to participate in the **POP (Full Programme)**, you **must** obtain Hospital Insurance, and be vaccinated accordingly in order to attend. These are not inclusive of the \$500 programme fee, and more details will be given to you once your attendance is confirmed.

- d. MMR – 2-dose vaccination record, or IgB blood tests (mumps / measles / rubella) all showing immunity.
- e. VZV – 2-dose vaccination record, or IgG blood test showing immunity.
- f. Boostrix Tdap – vaccination record within past 10 years.
- g. COVID vaccination – primary series + 1 booster based on Singapore’s standards.

We seek your understanding that any application submitted after the closing date will not be accepted.  
Outcome of application will be released in early May.