

PATIENT INFORMATION LEAFLET

MEDICINE TO TREAT INSOMNIA

Choral Hydrate

ABOUT your medicine

Chloral Hydrate is used to treat insomnia (trouble sleeping) and to calm patients before or after surgery.

HOW should I take the medicine?

Your doctor will tell you how much of the medicine you should take and how often. This medicine may be habit-forming. You should not use more of this drug than what your doctor ordered. Do not suddenly stop taking chloral hydrate without first asking your doctor.

What should I do if **I FORGET** a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double the dose.

What are the possible **SIDE-EFFECTS** of the medicine?

Consult your doctor as soon as possible if you have any of these side effects:

- Severe confusion
- Severe rash or hives
- Trouble breathing

If you have problems with these less serious side effects, talk with your doctor:

- Nausea, vomiting, stomach pain
- Diarrhoea
- Dizziness or lightheadedness
- Headache

What **PRECAUTIONS** should I take?

Before taking your medicine, inform your doctor if:

- You are allergic to this medicine or any other medicine
- You are currently taking any other medicines, especially medicines that make you sleepy (such as sleeping pills, cold and allergy medicines, narcotic pain killers or sedatives) or a medicine called warfarin (a blood thinner)
- You have any medical conditions especially any heart conditions, gastritis (inflammation of stomach) or stomach ulcer, **liver or kidney disease**.
- You are pregnant or planning to get pregnant or are breastfeeding

Do not drink alcohol while you are using this medicine. This medicine may make you drowsy. Avoid driving, using machinery, or doing anything else that could be dangerous if you are not alert.

How should **I STORE** the medicine?

Store in a cool, dry place. Protect from moisture, heat and direct sunlight.

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Information is correct at time of printing and subject to revision without prior notice.