

PATIENT INFORMATION LEAFLET

BETHANECHOL

About your medicine

This medicine is used to encourage urination and to empty your bladder to allow treatment of urinary and bladder problems.

HOW should I take the medicine?

This medicine works best when taken on an empty stomach, 1 hour before or 2 hours after meals, unless your doctor tells you otherwise. To avoid interrupting your sleep at night, take the last dose of the day before 6pm.

What should I do if **I FORGET** a dose?

Take this medicine exactly as directed by your doctor. If you miss a dose, take it as soon as you remember unless it is almost time for the next scheduled dose. In that case, skip the missed dose and take the next one as directed. Do not double the dose to make up for the missed dose.

What are the possible **SIDE-EFFECTS** of the medicine?

This medicine may make you feel dizzy, light-headed, or faint when you get up from sitting or lying down. Getting up slowly may help to lessen this effect. Your medicine may also cause other unwanted side-effects such as diarrhoea, headache, nausea and vomiting. Some side-effects may go away as your body adjusts to the medicine. However, do tell your doctor if you have any side-effects that continue or get worse.

What **PRECAUTIONS** should I take?

Taking Bethanechol with other medicines may change the way it or any of the other medicines work. Also, using these medicines together might cause harmful side-effects. Inform your doctor about all the medicines you are taking, including non-prescription products, vitamins, and natural remedies.

The presence of other medical problems may affect the use of bethanechol. Make sure you tell your doctor if you have any other medical problems, especially:

- Asthma
- Epilepsy
- Heart or blood vessel disease
- Intestinal blockage
- High or Low blood pressure
- Parkinson's disease
- Recent bladder or intestinal surgery
- Stomach ulcer or other stomach problems
- Overactive thyroid

You should tell your doctor if you are planning for a family, are pregnant or are breast-feeding.

How should I **STORE** the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.

Keep all medication out of reach of children

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The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

Information is correct at time of printing and subject to revision without prior notice.

Discard all medication that has expired or is no longer required