

## Dietetics

### Research Presentations

#### Year 2023

1	<p>Gani LU, Chan EJ, <b>Pang J</b>, Kamas S, Low C, Ang SB, Chionh SB. The Utility of educational video in improving awareness of bone health in pre-school and primary school-aged children and educators.</p> <p><b>Presented in ASEAN Federation of Endocrine Societies (AFES) Conference 2023 of Endocrine Societies (AFES) Conference 2023</b></p>
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#### Year 2022

1	<p><b>Tan KF, Lim SL</b>, Chan YH, Tan KK. Validation of 3-Minute Nutrition Screening (3-MinNS) tool and intervention to improve the nutritional status of malnourished community-dwelling individuals in Singapore</p> <p><b>Allied Health Research Award, Department of Medicine (DoM) Academic Day 2022</b></p>
2	<p><b>Tay MHJ, Lim SL, Ong KW, Johal J</b>, Qai Ven Yap, Yiong Huak Chan, Genevieve Kai Ning Yeo, Chin Meng Khoo, Alison Yaxley. Association between mobile health app engagement, and weight loss and glycemic control in adults with Type 2 diabetes and prediabetes – the D'LITE Study</p> <p><b>Best Oral Research Presentation (2nd prize), Malaysia Dietitians' Association National Conference 2022, 2022</b></p>

#### Year 2021

1	<p><b>Ong KW, Lim SL, Johal J, Han C</b>, Yap QV, Chan YH, Chooi YC, Zhang ZP, Chandra CC, Thiagarajah AG, Khoo CM. A Smartphone App Lifestyle Programme for Diabetes Prevention in a Multi-ethnic Asian Population.</p> <p><b>Allied Health Research Award, NUHS Department of Medicine Academic Day, 2021</b></p>
2	<p>Lim SL, Ong KW, Johal J, Han C, Yap QV, Chan YH, Chooi YC, Zhang ZP, Chandra CC, Thiagarajah AG, Khoo CM. Effect of a Diabetes Lifestyle Intervention using Technology Empowerment (D'LITE) in individuals with type 2 diabetes: A Randomized Clinical Trial</p> <p><b>Best Oral Presentation (Innovation and Digital Strategies), Singapore Allied Health Conference 2021, 2021</b></p>

Note: Authors highlighted in bold are Allied Health Professionals

3	<p><b>LIM CDQ</b>, JOHN PETER R, AZAHAR SN, RASIMAN N, SEET SY, <b>LIM SL</b>. Validation of the 3-Minute Nutrition Screening (3-MinNS) Tool in Surgical Outpatients going for Elective Surgery</p> <p><b>Best Poster Award, National University Cancer Institute Singapore Inaugural International Surgical Oncology Symposium September 2021</b></p>
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### Year 2020

1	<p>See LL, Yin BC, Majorelee TC, Airu C, <b>Chad YH</b>, Keith MG, Yap SC, Lynette PCS, Kok HT, Jerry KYC, <b>Mary FFC</b>, Fabian Y. Associations of Circadian Eating Pattern and Diet Quality with Substantial Postpartum Weight retention; 2019,11(11),2686; Nutrients.</p>
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### Year 2019

1	<p><b>Lim SL, Johal J, Ong KW, Han C</b>, Chan YH, Loo WM. Lifestyle Intervention with Mobile Technology Leading to Weight Loss in Non-alcoholic Fatty Liver Disease: A Randomised Controlled Trial, 25th Malaysian Dietitians' Association National Conference 2019</p> <p><b>Best Research Oral Presentation -(Technology Based Dietetics, 1<sup>st</sup> Runner-up</b></p>
2	<p><b>Lim SL, Ong KW, Johal J</b>, Chan YH, Khoo CM. Diabetes Lifestyle Intervention using Technology Empowerment (D'LITE Study) for obesity and type 2 diabetes: A Randomized Controlled Trial. 17th World Congress Insulin Resistance Diabetes &amp; Cardiovascular Disease 2019</p>
3	<p><b>Lim SL, Ong KW, Johal J, Yeo GKN</b>, Goh WWG, Chong DJE, Lim JZF, <b>Han C</b>. Effect of Lifestyle Intervention using Mobile Application on Diet Quality and Weight Loss in Pre-diabetes. Nutrition &amp; Dietetics (Journal of the Dietitians Association of Australia) Volume 76, Issue S1, Pages 70-71. Dietitians Association of Australia 36th National Conference 2019</p>
4	<p><b>Lim SL</b>, Johal J, Ong KW, Han C, Chan YH, Loo WM. Effect of lifestyle intervention with mobile technology on non-alcoholic fatty liver disease: A Randomised Controlled Trial. Singapore Health &amp; Biomedical Congress 2019</p>
5	<p><b>Lim SL</b>, Loo WM, Ong KW, Ng ZL, Han C, Chan YH, Lee YM. Lifestyle intervention enabled by mobile technologies leading to weight loss in patients with Non-alcoholic Fatty Liver Disease: A Randomized Controlled Trial. Journal of Gastroenterology and Hepatology; 2018.33:94.</p>

Note: Authors highlighted in bold are Allied Health Professionals

6	<b>Yong XN</b> , Teo BW, Chan YH, <b>Lim SL</b> . Seven-point Subjective Global Assessment, body mass index, and body fat mass predict first-year survival in new hemodialysis patients. Kidney Care Conference Singapore 2019
7	<b>Lim JQ</b> , <b>Yong XN</b> , <b>Lim SL</b> , Lee BHM, Hong WZ, Tan GKE, A Yazid. NB, Hui SH, Anakgrifin. A, <b>Sim SW</b> . Renal Dietitian-led Quality Improvement Project Improves Blood Sugar Control in Peritoneal Dialysis Patients with Poorly Controlled Diabetes Mellitus. NKF Kidney Care Conference 2019  <b>Winner of the Best Oral Presentation</b>

### Year 2018

1	<b>Lim SL</b> , Loo WM, <b>Ong KW</b> , <b>Ng ZL</b> , <b>Han C</b> , Chan YH, Lee YM. Lifestyle intervention enabled by mobile technologies leading to weight loss in patients with Non-alcoholic Fatty Liver Disease: A Randomized Controlled Trial. Journal of Gastroenterology and Hepatology; 2018.33:94. Asia Pacific Digestive Week 2018, Korea
2	<b>CY Han</b> , X Zheng, C Chan, RY Ho, YT Chan, ZW Woon, K Bhaskaran, MF Chong, <b>SL Lim</b> . Why are you not eating what was advised? Diabetes related nutrition knowledge, psychosocial self-efficacy, barriers and enablers to healthy eating in patient with type 2 diabetes. Singapore Health and Biomedical Congress 2018.

### Year 2017

1	<b>Ang YP</b> , <b>Lim SL</b> , Daniel Q Huang, Low HC. Nutritional Status of Pre-Liver Transplant Patients in Acute Tertiary Hospital in Singapore. 12th Symposium on Nutri Indonesia in conjunction with 4th International Nutrition Symposium, Jakarta; 2017
2	<b>Wong WY</b> , <b>Lim SL</b> , Chan YH. Validation of Tape-Height Measurement in Hospitalized and Healthy Participants. Malaysian Dietitians' Conference, Kuala Lumpur; 2017

### Year 2016

1	Nursyafiqah A. Yazid, Maudrene L. Tan, Guat K. Tan, <b>Su M. Lim</b> , Helen A. Mendoza, Eric Y. Khoo. A diabetes group education for empowering patients program undergoing fasting during Ramadan. American Diabetes Association 76th Scientific sessions New Orleans, LA; 2016
2	<b>Kejendran.M</b> , <b>Teo SY</b> . Identification and management of refeeding syndrome in an acute care hospital. Singapore Health and Biomedical Congress 2016.

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3	<b>Er SY</b> , C.S.Tan, G.Kim, Y.X.Gwee, <b>F.Naseer</b> , <b>S.H.Lee</b> , D.Lomanto, J.BY So, A.Shabbir. Body Composition of Asian patients with morbid obesity seeking bariatric surgery. The Obesity Week, New Orleans, LA 2016.
4	<b>C.X.H Lin</b> , M.M Aw, GROWTH CHANGES IN YOUNG CHILDREN WITH POOR WEIGHT GAIN (PWG) AFTER A MULTIDISCIPLINARY APPROACH, Vienna, 2016
5	<b>Tan KF</b> . The Effect of Ambulatory Nutrition Support (ANS) on Nutrition Status, readmission and cost of Hospitalisation in Post-Discharged Malnourished Patients. MDA-AODA Conference 2016, Kuala Lumpur, Malaysia.

### Year 2015

1	<b>Lim SL</b> , <b>Tan KF</b> , Chun J, Toh J, Goh KT, Ng SE. Effect of Ambulatory Nutrition Support on nutrition status and readmission rates of malnourished post-discharged patients. Community Care Forum 2015
2	<b>Lim SL</b> , <b>Lin XH</b> , Goh YT, Chan YH, Ferguson M, Daniels L. Effectiveness of outpatient, telephone and home nutrition care services for post-discharge malnourished patients: A randomised controlled trial. Singapore Health & Biomedical Congress 2015.

### Year 2014

1	K Yang, T Ang, <b>C Lin</b> , MM Aw. Nutritional deficits in children seen at a Multidisciplinary Feeding and Nutrition Clinic. Singapore Paediatric and Perinatal Annual Congress (SIPPAC) 2014.
2	<b>Fangyi Ong</b> , Maria Agatha Garcia, Marion Aw, Seng Hock Quak. The use of exclusive enteral feeding as primary therapy for Crohns disease in Singaporean children and adolescents; 2014
3	<b>Naseer F</b> , <b>Lim SL</b> , So BT, Lomanto D, Er P, Shabbir A. Taste change in an Asian cohort after sleeve gastrectomy. Annals of the Academy of Medicine Singapore 2014. 43(9):S82.

Note: Authors highlighted in bold are Allied Health Professionals

## Year 2013

1	<p><b>Lim SL, Lin XH</b>, Daniels L. 7-point Subjective Global Assessment is more time sensitive than conventional Subjective Global Assessment in detecting nutritional changes, Annals of the Academy of Medicine Singapore 2013. 42(9):S9.</p> <p><b>Awarded Singapore Allied Health Award (Gold)</b></p>
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## Year 2012

1	<p><b>Lim SL, Lin XH</b>, Chan YH, Ferguson M, Daniels L. A pre-post evaluation of a post-discharge ambulatory nutrition support service for malnourished patients: a pilot study. Proceedings of the Singapore Health and Biomedical Congress; 28-29 Sept 2012: Singapore: Annals of the Academy of Medicine; 2012.</p>
2	<p><b>Lim SL</b>, Ang E, Ng SC, <b>Tong CY</b>, Ferguson M, Daniels L. Reducing incompleteness and error rates in nutrition screening. Proceedings of the Singapore Health and Biomedical Congress; 28-29 Sept 2012: Singapore: Annals of the Academy of Medicine; 2012.</p>
3	<p><b>Ong FY</b>, Garcia AM, Quak SH, Aw M, Lim SL. The Use of Exclusive Enteral Feeding as Primary Therapy for Crohns Disease in Singaporean Children and Adolescents. Singapore Health and Biomedical Congress; 28-29 September 2012: Singapore</p> <p><b>Awarded Allied Health Award (Silver)</b></p>
4	<p>MH Tan, <b>FY Ong</b>, YL Tan, K Venkataraman, K Bhaskaran, J Mann, KO Lee, ES Tai, YS Lee, YH Khoo. Ethnic differences in dietary glycemic measures of individuals with Type 2 Diabetes Mellitus in Singapore. 16<sup>th</sup> International Congress of Dietetics; 5-8 September 2012: Sydney</p>

## Year 2011

1	<p><b>Liong SM</b>, Xu FG, Ong CN. A Metabolomic Study of Watercress Consumption. Proceedings of Singapore 2<sup>nd</sup> Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011; 40:S42.</p>
2	<p><b>Lim SL</b>, Ong KCB, Chan YH, Loke WC, Ferguson M, Daniels L. Malnutrition and its impact on cost of hospitalisation, length of stay, readmission and 3-year mortality. In: Tan EK, editor. Proceedings of the Singapore Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011. 40: S10.</p> <p><b>Awarded Singapore Allied Health Award (Gold)</b></p>

Note: Authors highlighted in bold are Allied Health Professionals

3	<b>Lim SL</b> , Lye J, Liang S, Miller M, Chong YS. Development and Validation of an Expedited 10g Protein Counter (EP-10) for Dietary Protein Intake Quantification. In: Tan EK, editor. Proceedings of the Singapore Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011. 40: S41.
4	<b>Yong XN</b> , Lau TWL, Vathsala A, <b>Lim SL</b> . Prevalence of Malnutrition in Chronic Haemodialysis Patients: A Re-evaluation 10 years later. In: Tan EK, editor. Proceedings of the Singapore Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011. 40: S247.
5	<b>Lim SL</b> , <b>Tong CY</b> , Ang E, Foo YL, Ng YY, Ferguson M, Daniels L. Validity and reliability of 3-Minute Nutrition Screening (3-MinNS) performed by nurses on Oncology and Surgical patients. 14 <sup>th</sup> Congress of Parenteral and Enteral Nutrition Society of Asia, Taipei. Taiwan. 14-16 October 2011.

### Year 2010

1	<b>Liong SM, Au CMY, Lin CXH, Lim CDQ, Yong XN</b> , Leong SJ, Tay PDW, <b>Lim SL</b> . Malnutrition in Congestive Cardiac Failure Patients. Proceedings of Singapore 1 <sup>st</sup> Health and Biomedical Congress; 12-13 Nov 2010: Singapore: Annals of the Academy of Medicine; 2010; 39: S70.
2	<b>Lim SL</b> , Cannavarro C, Zhu F, Chan YH, Yeoh KG. Irregular meal timing is associated with Helicobacter pylori infection and gastritis. In: Tan EK, editor. Proceedings of the 1st Singapore Health and Biomedical Congress; 12-13 Nov 2010: Singapore: Annals of the Academy of Medicine; 2010. 39: S6. <b>Awarded Singapore Allied Health Award (Gold)</b>
3	Lim CS, Ang E, Chan MF, <b>Lim SL</b> , Chow YL, Mordiffi SZ. Nutrition Risk of Patients with Cancer. In: Tan EK, editor. Proceedings of the 1st Singapore Health and Biomedical Congress; 12-13 Nov 2010: Singapore: Annals of the Academy of Medicine; 2010. 39: S9. <b>Awarded Singapore Nursing Award (Silver)</b>

Note: Authors highlighted in bold are Allied Health Professionals

## Year 2009

1	Lim SL, Tong CY, Seet RCS, Loke WC, Ferguson M, Daniels L. Validation of Mid Arm Muscle Circumference and Triceps Skinfold Thickness with Subjective Global Assessment. In: Oh VMS, Yap HK, editors. Proceedings of the 8th Annual Scientific Congress National Healthcare Group; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S8. <b>Merit Award for Best Oral Presentation</b>
2	Lim SL, Yu SM, Ee QY, Asim S, Chan YH, Loke WC. Nutrition Status and Hospitalisation Outcomes of Patients Receiving Tube Feeding in a Tertiary Hospital in Singapore. In: Oh VMS, Yap HK, editors. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S71.
3	CY Tong, SN Teoh, SL Lim, LL Lim. Parenteral Nutrition Support Team - A 6-month Service Evaluation. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S38.
4	L Dong, CL Koh, PHH Wong, PS Low, SKH Tay, HT Ong. Efficacy of Ketogenic Diet in Children. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S11.
5	Lim SL, Au MY, Yu SM, Ee QY, Loke WC. Profile of Inpatients Receiving Tube Feeding in a Tertiary Hospital in Singapore. In: Oh VMS, Yap HK, editors. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S86.

## Year 2008

1	HT Ong, L Dong, C Koh. Glucose Monitoring During Initiation of Ketogenic Diet in Children with Refractory Epilepsy. Proceedings of the National Healthcare Group Annual Scientific Congress; 7-8 Nov 2008: Singapore: Annual Scientific Congress ; 2008. p. S15.
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## Year 2007

1	Lim SL, Tong CY, Ang NK, Loke WC, Chen Y, Lee EJC. Validation of a simple nutrition screening tool (NUHONS) with Subjective Global Assessment (SGA) in hospitalised patients. Proceedings of the National Healthcare Group Annual Scientific Congress; 10-11 Nov 2007: Singapore: Annals of the Academy of Medicine; 2007. p. S3. <b>Awarded Young Investigator's Award (Bronze)</b>
2	Lim SL, Tong CY, Ong KC, Loke WC, Lee EJC. Prevalence of Malnutrition in a tertiary hospital. Proceedings of the National Healthcare Group Annual Scientific Congress; 10-11 Nov 2007: Singapore: Annals of the Academy of Medicine; 2007. p. S20.

## Year 2006

1	Mattar CN, <b>Lim SL</b> , Foo SL, Rauff M, Chan YH, Chong YS. The influence of pre-pregnancy body mass index and gestational weight gain on birth weight of babies. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S28.
2	<b>Lim SL</b> , Rauff M, Foo JSL, Chan YH, Chong YS. Effect of parity and ethnic differences on pre-pregnancy and post-pregnancy body mass index among local women. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S28.
3	<b>Lim SL, Tong CY</b> , Foo JSL, Rauff M, Chan YH, Hanson LA, Chong YS. Do lactating mothers get enough n-3 fatty acids in their diets? Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S5. <b>Awarded Best Oral Presentation</b>
4	<b>Tong C</b> , So JBA. Effect of nutrition intervention on patients after gastrectomy. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S34.
5	Dong L, Ku YY, Ong HT. Hypocount monitoring schedule during initiation of ketogenic diet. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S64.
6	Ku YY, Ong HT, Dong L, <b>Lim SL</b> . Short-term effect of ketogenic diet on the growth of epileptic children. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S26.

Note: Authors highlighted in bold are Allied Health Professionals



## Year 2005

1	<p><b>So HM, Lim SL</b>, Chan YH, Seet RCS. Nutritional status and hospitalisation outcomes in advanced cancer patients referred for dietary intervention. Proceedings of the Combined Scientific Meeting; 4-6 Nov 2005: Singapore: Annals of the Academy of Medicine; 2005. p. S8.</p> <p><b><i>Awarded Best Oral Presentation</i></b></p>
2	<p><b>Lim SL</b>, Kua EH, Ung EK. Bulimia Nervosa – C An NUH Study. Proceedings of the Combined Scientific Meeting; 4-6 Nov 2005: Singapore: Annals of the Academy of Medicine; 2005. p. S38.</p>
3	<p><b>Lim SL</b>, Kua EH, Ung EK. The Pursuit of Thinness - An Outcome Study of Anorexia Nervosa. Proceedings of the Combined Scientific Meeting; 4-6 Nov 2005: Singapore: Annals of the Academy of Medicine; 2005. p. S38.</p>

## Year 2004

1	<p><b>Lim SL</b>, Gan HC, Tan SH, Lee EJC. The effect of substitution of Potassium Chloride tablets with potassium-containing salt substitute in Peritoneal Dialysis patients. NephroAsia; 9-12 Feb 2004: Chicago: American Journal of Nephrology;2004. p.113.</p>
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## Year 2003

1	<p>Gopalakrishnan R, Lee E, <b>Lim SL</b>. The Impact of Diabetic Status on the nutritional profile of patients on stable Continuous Peritoneal Dialysis. Proceedings of the National Healthcare Group Annual Scientific Congress; 4-5 Oct 2003: Singapore: Annals of the Academy of Medicine; 2003. p. S143.</p>
2	<p><b>Tong C</b>, Fong ML, Kang M, Koh C, Chang B, Chow PY. In-patients' satisfaction and compliance of therapeutic diets in National University Hospital. Proceedings of the National Healthcare Group Annual Scientific Congress; 4-5 Oct 2003: Singapore: Annals of the Academy of Medicine; 2003. p. S155.</p>

## Year 2002

1	<b>Lim SL</b> , Lee EJC. The Effect of Concerted Nutritional Assessment and Intervention on Parameters of Nutrition in Chronic Haemodialysis Patients. Proceedings of the National Healthcare Group Annual Scientific Congress; Aug 2002: Singapore: Annals of the Academy of Medicine; 2002.
2	<b>Lim SL</b> , Lee EJC. Prevalence of Malnutrition in Chronic Haemodialysis patients. Proceedings of the National Healthcare Group Annual Scientific Congress; Aug 2002: Singapore: Annals of the Academy of Medicine; 2002.
3	Lee EJC, <b>Lim SL</b> . Serum Albumin of Diabetic and non-Diabetic Patients after starting CAPD. 1st Asian Chapter Meeting on Peritoneal Dialysis; 23-15 Dec 2002: Hong Kong.

## Year 2001

1	<b>Lim SL</b> , Myint CC, Lee EJC. Body Weight and Calorie Intake in CAPD patients. Clinical Nephrology Meetings; 2001: Orlando, Florida. Abstract printed in Journal of Renal Nutrition.
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