

## Dietetics

### Research Presentations

Year 2019

1	<p><b>Lim SL, Johal J, Ong KW, Han C,</b> Chan YH, Loo WM. Lifestyle Intervention with Mobile Technology Leading to Weight Loss in Non-alcoholic Fatty Liver Disease: A Randomised Controlled Trial, 25th Malaysian Dietitians' Association National Conference 2019</p> <p><b>Best Research Oral Presentation -(Technology Based Dietetics, 1<sup>st</sup> Runner-up</b></p>
2	<p><b>Lim SL, Ong KW, Johal J,</b> Chan YH, Khoo CM. Diabetes Lifestyle Intervention using Technology Empowerment (D'LITE Study) for obesity and type 2 diabetes: A Randomized Controlled Trial. 17th World Congress Insulin Resistance Diabetes &amp; Cardiovascular Disease 2019</p>
3	<p><b>Lim SL, Ong KW, Johal J, Yeo GKN,</b> Goh WWG, Chong DJE, Lim JZF, <b>Han C.</b> Effect of Lifestyle Intervention using Mobile Application on Diet Quality and Weight Loss in Pre-diabetes. Nutrition &amp; Dietetics (Journal of the Dietitians Association of Australia) Volume 76, Issue S1, Pages 70-71. Dietitians Association of Australia 36th National Conference 2019</p>
4	<p><b>Lim SL,</b> Johal J, Ong KW, Han C, Chan YH, Loo WM. Effect of lifestyle intervention with mobile technology on non-alcoholic fatty liver disease: A Randomised Controlled Trial. Singapore Health &amp; Biomedical Congress 2019</p>
5	<p><b>Lim SL,</b> Loo WM, Ong KW, Ng ZL, Han C, Chan YH, Lee YM. Lifestyle intervention enabled by mobile technologies leading to weight loss in patients with Non-alcoholic Fatty Liver Disease: A Randomized Controlled Trial. Journal of Gastroenterology and Hepatology; 2018.33:94.</p>
6	<p><b>Yong XN,</b> Teo BW, Chan YH, <b>Lim SL.</b> Seven-point Subjective Global Assessment, body mass index, and body fat mass predict first-year survival in new hemodialysis patients. Kidney Care Conference Singapore 2019</p>
7	<p><b>Lim JQ, Yong XN, Lim SL,</b> Lee BHM, Hong WZ, Tan GKE, A Yazid. NB, Hui SH, Anakgrifin. A, <b>Sim SW.</b> Renal Dietitian-led Quality Improvement Project Improves Blood Sugar Control in Peritoneal Dialysis Patients with Poorly Controlled Diabetes Mellitus. NKF Kidney Care Conference 2019</p> <p><b>Winner of the Best Oral Presentation</b></p>

Note: Authors highlighted in bold are Allied Health Professionals

## Year 2018

1	<b>Lim SL</b> , Loo WM, <b>Ong KW</b> , <b>Ng ZL</b> , <b>Han C</b> , Chan YH, Lee YM. Lifestyle intervention enabled by mobile technologies leading to weight loss in patients with Non-alcoholic Fatty Liver Disease: A Randomized Controlled Trial. Journal of Gastroenterology and Hepatology; 2018.33:94. Asia Pacific Digestive Week 2018, Korea
2	<b>CY Han</b> , X Zheng, C Chan, RY Ho, YT Chan, ZW Woon, K Bhaskaran, MF Chong, <b>SL Lim</b> . Why are you not eating what was advised? Diabetes related nutrition knowledge, psychosocial self-efficacy, barriers and enablers to healthy eating in patient with type 2 diabetes. Singapore Health and Biomedical Congress 2018.

## Year 2017

1	<b>Ang YP</b> , <b>Lim SL</b> , Daniel Q Huang, Low HC. Nutritional Status of Pre-Liver Transplant Patients in Acute Tertiary Hospital in Singapore. 12th Symposium on Nutri Indonesia in conjunction with 4th International Nutrition Symposium, Jakarta; 2017
2	<b>Wong WY</b> , <b>Lim SL</b> , Chan YH. Validation of Tape-Height Measurement in Hospitalized and Healthy Participants. Malaysian Dietitians' Conference, Kuala Lumpur; 2017

## Year 2016

1	Nursyafiqah A. Yazid, Maudrene L. Tan, Guat K. Tan, <b>Su M. Lim</b> , Helen A. Mendoza, Eric Y. Khoo. A diabetes group education for empowering patients program undergoing fasting during Ramadan. American Diabetes Association 76th Scientific sessions New Orleans, LA; 2016
2	<b>Kejendran.M</b> , <b>Teo SY</b> . Identification and management of refeeding syndrome in an acute care hospital. Singapore Health and Biomedical Congress 2016.
3	<b>Er SY</b> , C.S.Tan, G.Kim, Y.X.Gwee, <b>F.Naseer</b> , <b>S.H.Lee</b> , D.Lomanto, J.BY So, A.Shabbir. Body Composition of Asian patients with morbid obesity seeking bariatric surgery. The Obesity Week, New Orleans, LA 2016.
4	<b>C.X.H Lin</b> , M.M Aw, GROWTH CHANGES IN YOUNG CHILDREN WITH POOR WEIGHT GAIN (PWG) AFTER A MULTIDISCIPLINARY APPROACH, Vienna, 2016

Note: Authors highlighted in bold are Allied Health Professionals

5	<b>Tan KF</b> . The Effect of Ambulatory Nutrition Support (ANS) on Nutrition Status, readmission and cost of Hospitalisation in Post-Discharged Malnourished Patients. MDA-AODA Conference 2016, Kuala Lumpur, Malaysia.
---	---

### Year 2015

1	<b>Lim SL, Tan KF</b> , Chun J, Toh J, Goh KT, Ng SE. Effect of Ambulatory Nutrition Support on nutrition status and readmission rates of malnourished post-discharged patients. Community Care Forum 2015
2	<b>Lim SL, Lin XH</b> , Goh YT, Chan YH, Ferguson M, Daniels L. Effectiveness of outpatient, telephone and home nutrition care services for post-discharge malnourished patients: A randomised controlled trial. Singapore Health & Biomedical Congress 2015.

### Year 2014

1	K Yang, T Ang, <b>C Lin</b> , MM Aw. Nutritional deficits in children seen at a Multidisciplinary Feeding and Nutrition Clinic. Singapore Paediatric and Perinatal Annual Congress (SIPPAC) 2014.
2	<b>Fangyi Ong</b> , Maria Agatha Garcia, Marion Aw, Seng Hock Quak. The use of exclusive enteral feeding as primary therapy for Crohns disease in Singaporean children and adolescents; 2014
3	<b>Naseer F, Lim SL</b> , So BT, Lomanto D, Er P, Shabbir A. Taste change in an Asian cohort after sleeve gastrectomy. Annals of the Academy of Medicine Singapore 2014. 43(9):S82.

Note: Authors highlighted in bold are Allied Health Professionals

## Year 2013

1	<p><b>Lim SL, Lin XH</b>, Daniels L. 7-point Subjective Global Assessment is more time sensitive than conventional Subjective Global Assessment in detecting nutritional changes, Annals of the Academy of Medicine Singapore 2013. 42(9):S9.</p> <p><b>Awarded Singapore Allied Health Award (Gold)</b></p>
---	--

## Year 2012

1	<p><b>Lim SL, Lin XH</b>, Chan YH, Ferguson M, Daniels L. A pre-post evaluation of a post-discharge ambulatory nutrition support service for malnourished patients: a pilot study. Proceedings of the Singapore Health and Biomedical Congress; 28-29 Sept 2012: Singapore: Annals of the Academy of Medicine; 2012.</p>
2	<p><b>Lim SL</b>, Ang E, Ng SC, <b>Tong CY</b>, Ferguson M, Daniels L. Reducing incompleteness and error rates in nutrition screening. Proceedings of the Singapore Health and Biomedical Congress; 28-29 Sept 2012: Singapore: Annals of the Academy of Medicine; 2012.</p>
3	<p><b>Ong FY</b>, Garcia AM, Quak SH, Aw M, Lim SL. The Use of Exclusive Enteral Feeding as Primary Therapy for Crohns Disease in Singaporean Children and Adolescents. Singapore Health and Biomedical Congress; 28-29 September 2012: Singapore</p> <p><b>Awarded Allied Health Award (Silver)</b></p>
4	<p>MH Tan, <b>FY Ong</b>, YL Tan, K Venkataraman, K Bhaskaran, J Mann, KO Lee, ES Tai, YS Lee, YH Khoo. Ethnic differences in dietary glycemic measures of individuals with Type 2 Diabetes Mellitus in Singapore. 16<sup>th</sup> International Congress of Dietetics; 5-8 September 2012: Sydney</p>

## Year 2011

1	<p><b>Liong SM</b>, Xu FG, Ong CN. A Metabolomic Study of Watercress Consumption. Proceedings of Singapore 2<sup>nd</sup> Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011; 40:S42.</p>
---	---

Note: Authors highlighted in bold are Allied Health Professionals

2	<p><b>Lim SL</b>, Ong KCB, Chan YH, Loke WC, Ferguson M, Daniels L. Malnutrition and its impact on cost of hospitalisation, length of stay, readmission and 3-year mortality. In: Tan EK, editor. Proceedings of the Singapore Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011. 40: S10.</p> <p><b>Awarded Singapore Allied Health Award (Gold)</b></p>
3	<p><b>Lim SL</b>, Lye J, Liang S, Miller M, Chong YS. Development and Validation of an Expedited 10g Protein Counter (EP-10) for Dietary Protein Intake Quantification. In: Tan EK, editor. Proceedings of the Singapore Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011. 40: S41.</p>
4	<p><b>Yong XN</b>, Lau TWL, Vathsala A, <b>Lim SL</b>. Prevalence of Malnutrition in Chronic Haemodialysis Patients: A Re-evaluation 10 years later. In: Tan EK, editor. Proceedings of the Singapore Health and Biomedical Congress; 11-12 Nov 2011: Singapore: Annals of the Academy of Medicine; 2011. 40: S247.</p>
5	<p><b>Lim SL</b>, <b>Tong CY</b>, Ang E, Foo YL, Ng YY, Ferguson M, Daniels L. Validity and reliability of 3-Minute Nutrition Screening (3-MinNS) performed by nurses on Oncology and Surgical patients. 14<sup>th</sup> Congress of Parenteral and Enteral Nutrition Society of Asia, Taipei. Taiwan. 14-16 October 2011.</p>

### Year 2010

1	<p><b>Liong SM</b>, <b>Au CMY</b>, <b>Lin CXH</b>, <b>Lim CDQ</b>, <b>Yong XN</b>, Leong SJ, Tay PDW, <b>Lim SL</b>. Malnutrition in Congestive Cardiac Failure Patients. Proceedings of Singapore 1<sup>st</sup> Health and Biomedical Congress; 12-13 Nov 2010: Singapore: Annals of the Academy of Medicine; 2010; 39: S70.</p>
2	<p><b>Lim SL</b>, Cannavarro C, Zhu F, Chan YH, Yeoh KG. Irregular meal timing is associated with Helicobacter pylori infection and gastritis. In: Tan EK, editor. Proceedings of the 1st Singapore Health and Biomedical Congress; 12-13 Nov 2010: Singapore: Annals of the Academy of Medicine; 2010. 39: S6.</p> <p><b>Awarded Singapore Allied Health Award (Gold)</b></p>
3	<p>Lim CS, Ang E, Chan MF, <b>Lim SL</b>, Chow YL, Mordiffi SZ. Nutrition Risk of Patients with Cancer. In: Tan EK, editor. Proceedings of the 1st Singapore Health and Biomedical Congress; 12-13 Nov 2010: Singapore: Annals of the Academy of Medicine; 2010. 39: S9.</p> <p><b>Awarded Singapore Nursing Award (Silver)</b></p>

Note: Authors highlighted in bold are Allied Health Professionals

## Year 2009

1	Lim SL, Tong CY, Seet RCS, Loke WC, Ferguson M, Daniels L. Validation of Mid Arm Muscle Circumference and Triceps Skinfold Thickness with Subjective Global Assessment. In: Oh VMS, Yap HK, editors. Proceedings of the 8th Annual Scientific Congress National Healthcare Group; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S8. <b>Merit Award for Best Oral Presentation</b>
2	Lim SL, Yu SM, Ee QY, Asim S, Chan YH, Loke WC. Nutrition Status and Hospitalisation Outcomes of Patients Receiving Tube Feeding in a Tertiary Hospital in Singapore. In: Oh VMS, Yap HK, editors. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S71.
3	CY Tong, SN Teoh, SL Lim, LL Lim. Parenteral Nutrition Support Team - A 6-month Service Evaluation. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S38.
4	L Dong, CL Koh, PHH Wong, PS Low, SKH Tay, HT Ong. Efficacy of Ketogenic Diet in Children. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S11.
5	Lim SL, Au MY, Yu SM, Ee QY, Loke WC. Profile of Inpatients Receiving Tube Feeding in a Tertiary Hospital in Singapore. In: Oh VMS, Yap HK, editors. Proceedings of the National Healthcare Group Annual Scientific Congress; 16-17 Oct 2009: Singapore: Annals of the Academy of Medicine; 2009; 38:S86.

## Year 2008

1	HT Ong, L Dong, C Koh. Glucose Monitoring During Initiation of Ketogenic Diet in Children with Refractory Epilepsy. Proceedings of the National Healthcare Group Annual Scientific Congress; 7-8 Nov 2008: Singapore: Annual Scientific Congress ; 2008. p. S15.
---	--

Note: Authors highlighted in bold are Allied Health Professionals

## Year 2007

1	Lim SL, Tong CY, Ang NK, Loke WC, Chen Y, Lee EJC. Validation of a simple nutrition screening tool (NUHONS) with Subjective Global Assessment (SGA) in hospitalised patients. Proceedings of the National Healthcare Group Annual Scientific Congress; 10-11 Nov 2007: Singapore: Annals of the Academy of Medicine; 2007. p. S3. <b>Awarded Young Investigator's Award (Bronze)</b>
2	Lim SL, Tong CY, Ong KC, Loke WC, Lee EJC. Prevalence of Malnutrition in a tertiary hospital. Proceedings of the National Healthcare Group Annual Scientific Congress; 10-11 Nov 2007: Singapore: Annals of the Academy of Medicine; 2007. p. S20.

## Year 2006

1	Mattar CN, <b>Lim SL</b> , Foo SL, Rauff M, Chan YH, Chong YS. The influence of pre-pregnancy body mass index and gestational weight gain on birth weight of babies. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S28.
2	<b>Lim SL</b> , Rauff M, Foo JSL, Chan YH, Chong YS. Effect of parity and ethnic differences on pre-pregnancy and post-pregnancy body mass index among local women. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S28.
3	<b>Lim SL, Tong CY</b> , Foo JSL, Rauff M, Chan YH, Hanson LA, Chong YS. Do lactating mothers get enough n-3 fatty acids in their diets? Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S5. <b>Awarded Best Oral Presentation</b>
4	<b>Tong C</b> , So JBA. Effect of nutrition intervention on patients after gastrectomy. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S34.
5	Dong L, Ku YY, Ong HT. Hypocount monitoring schedule during initiation of ketogenic diet. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S64.

Note: Authors highlighted in bold are Allied Health Professionals

6	Ku YY, Ong HT, Dong L, <b>Lim SL</b> . Short-term effect of ketogenic diet on the growth of epileptic children. Proceedings of the National Healthcare Group Annual Scientific Congress; 30Sep-1 Oct 2006: Singapore: Annals of the Academy of Medicine; 2006. p. S26.
---	--

### Year 2005

1	<b>So HM, Lim SL</b> , Chan YH, Seet RCS. Nutritional status and hospitalisation outcomes in advanced cancer patients referred for dietary intervention. Proceedings of the Combined Scientific Meeting; 4-6 Nov 2005: Singapore: Annals of the Academy of Medicine; 2005. p. S8. <b><i>Awarded Best Oral Presentation</i></b>
2	<b>Lim SL</b> , Kua EH, Ung EK. Bulimia Nervosa – An NUH Study. Proceedings of the Combined Scientific Meeting; 4-6 Nov 2005: Singapore: Annals of the Academy of Medicine; 2005. p. S38.
3	<b>Lim SL</b> , Kua EH, Ung EK. The Pursuit of Thinness - An Outcome Study of Anorexia Nervosa. Proceedings of the Combined Scientific Meeting; 4-6 Nov 2005: Singapore: Annals of the Academy of Medicine; 2005. p. S38.

### Year 2004

1	<b>Lim SL</b> , Gan HC, Tan SH, Lee EJC. The effect of substitution of Potassium Chloride tablets with potassium-containing salt substitute in Peritoneal Dialysis patients. NephroAsia; 9-12 Feb 2004: Chicago: American Journal of Nephrology;2004. p.113.
---	--

### Year 2003

1	Gopalakrishnan R, Lee E, <b>Lim SL</b> . The Impact of Diabetic Status on the nutritional profile of patients on stable Continuous Peritoneal Dialysis. Proceedings of the National Healthcare Group Annual Scientific Congress; 4-5 Oct 2003: Singapore: Annals of the Academy of Medicine; 2003. p. S143.
---	---

Note: Authors highlighted in bold are Allied Health Professionals



2	<b>Tong C</b> , Fong ML, Kang M, Koh C, Chang B, Chow PY. In-patients' satisfaction and compliance of therapeutic diets in National University Hospital. Proceedings of the National Healthcare Group Annual Scientific Congress; 4-5 Oct 2003: Singapore: Annals of the Academy of Medicine; 2003. p. S155.
---	--

**Year 2002**

1	<b>Lim SL</b> , Lee EJC. The Effect of Concerted Nutritional Assessment and Intervention on Parameters of Nutrition in Chronic Haemodialysis Patients. Proceedings of the National Healthcare Group Annual Scientific Congress; Aug 2002: Singapore: Annals of the Academy of Medicine; 2002.
2	<b>Lim SL</b> , Lee EJC. Prevalence of Malnutrition in Chronic Haemodialysis patients. Proceedings of the National Healthcare Group Annual Scientific Congress; Aug 2002: Singapore: Annals of the Academy of Medicine; 2002.
3	Lee EJC, <b>Lim SL</b> . Serum Albumin of Diabetic and non-Diabetic Patients after starting CAPD. 1st Asian Chapter Meeting on Peritoneal Dialysis; 23-15 Dec 2002: Hong Kong.

**Year 2001**

1	<b>Lim SL</b> , Myint CC, Lee EJC. Body Weight and Calorie Intake in CAPD patients. Clinical Nephrology Meetings; 2001: Orlando, Florida. Abstract printed in Journal of Renal Nutrition.
---	---