

### **Preparation Instructions for Patient**

1. As early pregnancy must be excluded, the examination must be carried out during the first 10 days of the menstrual period.
2. The examination cannot take place when you are still bleeding. It is usually carried out during the first few days after you have stopped menstruating.
3. Please inform us when your menstrual period is due so that we can arrange an appropriate day of appointment for you.
4. You should abstain from sexual intercourse from the first day of your menstrual period until after the procedure.
5. Please turn up punctually on the day of your appointment.
6. If you are late, a new appointment will be given but this may mean a delay of several weeks.

**Please bring this leaflet on the day of your appointment**

# **Hysterosalpingogram**

## **Patient Information Leaflet**

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Company Registration Number. 198500843R

**A member of the NUHS**

**Hysterosalpingogram (HSG)** is a specialized x-ray examination of the female reproductive tract. It involves the introduction of a contrast medium ("dye") through the cervix to fill the uterus and the uterine tubes. This examination is used largely in cases of infertility to show the patency of the uterine tubes. It also demonstrates any abnormalities in the uterus. The procedure is NOT for treatment.

### The Procedure

1. You will be required to lie on your back on the x-ray couch with both legs bent at the knees, similar to that of a vaginal examination. Strict privacy will be observed during the procedure.
2. The doctor first cleanses the vaginal area and inserts a speculum into the vagina.
3. A tube is then inserted into the cervix via the vagina and a contrast medium is injected.
4. There may be a slight degree of pain when the contrast medium is being injected, similar to that of a period pain. Try to remain relaxed as any tension increases the pain.
5. You will be asked to turn to different positions during the taking of x-ray pictures by the radiologist.
6. The entire procedure may last for up to one hour or even more if delayed films are require.

### Some Precautions

- Please inform us if you are suffering from Asthma and/or allergies to any drugs and seafood.
- If you are still bleeding on the day of your examination, inform the radiographer-in-charge or the nurse or you may call the Department of Diagnostic Imaging.

### Radiation Dosage

Radiation dose is strictly kept to the minimum with the help of modern equipment and techniques.

### After the Procedure

1. Do not leave the Department if you feel unwell or if you are in severe pain. Please inform the staff or the radiographer-in-charge. You may rest in the recovery room for a short while until you feel better.
2. Bleed may occur after the examination and a sanitary napkin will be provided.
3. Your doctor will inform you of the results at your next appointment.

4. If severe pain/bleeding continues after a few days, please contact the Department of Diagnostic Imaging or go to the Emergency Department at National University Hospital. Inform the doctor that you had an HSG done and the date of the examination.

Follow the instructions closely and DO NOT be unduly worried about the examination as you will be in good hands.

#### Should you have any queries or require further clarifications, please contact:

Department of Diagnostic Imaging  
Tel: (65) 6772 3700  
Fax: (65) 6779 5219  
Email: DDI\_enquiries@nuhs.edu.sg

### Your HSG Appointment

**Diagnostic Imaging @ MB L2** (Mon – Fri, 8am – 6pm)

#### Patient Particulars:

#### Appointment Date/Time:

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#### Estimated Fees for Outpatient:

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#### Note:

- Please do not bring valuables or excess cash with you. Patients and visitors are responsible for personal belongings.
- No medical certificate can be issued for this appointment. Certificate of attendance will be given upon request.

Please arrive at least 15 mins before the appointed time to register and prepare for the procedure.  
We appreciate your understanding should an unforeseen delay occur due to medical exigencies.  
Kindly inform us if you are unable to keep to the scheduled appointment.

This publication is classified as Unclassified, Non-Sensitive

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions. Information is correct at time of printing (Oct/2012) and subject to revision without prior notice.

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