

# High Blood Pressure Screening \$360

*This package is targeted at patients who have or are at high risk of high blood pressure. It aims to identify areas that can be managed early on; early management of unhealthy habits and lifestyle can help to prevent severe illnesses in the later years.*

Example:

*Mr. Tan Beng Guan is a 59-year-old man. He is diagnosed with hypertension and he wishes to find out if his condition is kept under control and also to check for any complications that he might have.*

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This package is conducted over ONE visit to the NUH Wellness Centre:

## 1) Comprehensive Medical History & Physical Examination (15 mins)

- Present complaints (if any)
- Full history-taking including past medical, family, social & drug history
- Review of entire body system

## 2) Biometrics Parameters

- Blood Pressure
- Body Mass Index (BMI)
- Height & Weight
- Visual Acuity

## 3) Laboratory & Other Investigations

### **Laboratory Investigations**

- Diabetic Screen (Glucose)
- Kidney Function
- Lipid (Cholesterol) Profile
- Urine Analysis

### **Other Investigations**

- Electrocardiogram (ECG)

## 4) Medical Review & Counselling (15 mins)

- Discussion and interpretation of physical findings and laboratory results
- Recommendations and health education by our Doctor
- Medical follow-up and direct referrals to other specialists' services within NUH (if necessary)

*Price quoted is in Singapore dollars and subject to prevailing government taxes.*

*Information is correct as at Oct 2017 and subject to revision without prior notice.*