

TAN Jia Xuan, MSc

Senior Occupational Therapist

**Qualification(s)**

Master of Science (Child and Adolescent Mental Health),  
Kings College London, U.K.

Bachelor of Applied Science (Occupational Therapy),  
University of South Australia, Australia

Diploma (Occupational Therapy), Nanyang Polytechnic, Singapore



**Special Certifications**

Handwriting Without Tears

DIR Floortime Level 1

Brazelton Touchpoints

Trauma- Informed Expressive Arts Therapy

**Workgroups/Work Areas**

Paediatrics

Child and Adolescent Mental Health

**Specialty and Interest Areas**

Paediatrics

Child and Adolescent Mental Health

Early intervention for Premature Babies

Chronic disease Self Management

Transitional Care

## Professional Activities

2018 – Present: Paediatrics Special Interest Group Singapore Association of Occupational Therapists

Aug 2012 – Present: Singapore Association of Occupational Therapists (Council Member)

2009 – 2010: Occupational Therapy Australia (Adelaide) (Registered Member)

2006 – 2009: Singapore Association of Occupational Therapists (Council Member)

## Awards

2015 Academic Medicine Development Award (AMDA) MSc (OT), Ministry of Health, Singapore.

## Media Coverage

2012 Mind Your Body (Straits Times) Article 'The Write Stuff- Messy Handwriting'.

2017 Radio Interview with FM100.3 on 'Child and Adolescent Mental Health- How to Cope?'

2018 Radio Interview Capital 95.8 on 'Mental Health Support for School Age Children'.

## Selected Publications and Presentations

### Publications

Tan, J.X., Fajardo, M.L.R. (2017). Efficacy of multisystemic therapy in youths aged 10-17 with severe antisocial behaviour and emotional disorders: Systematic Review. *London Journal of Primary Care (Abingdon)*. Aug 9; 9(6): 95-103. DOI: [10.1080/17571472.2017.1362713](https://doi.org/10.1080/17571472.2017.1362713)

### Presentations

Tan, J.X., Lim, S.Y.A (2012). *Marriage of maternal-infant mental health and paediatrics practice: Role of Occupational Therapy*. Oral Presentation at National Occupational Therapy Conference, Singapore.

Tan, J.X., Tai, Y.L. E. (2014). *Effectiveness of Self-Esteem Groups for mainstream teenagers with special needs*. Oral Presentation at Public Health Conference, Bangkok, Thailand.

Tan, J.X., Lim, S.Y.A (2014). *Providing Occupational Therapy Parenting Services for Perinatal Women: A Service Description and Evaluation*. Oral Presentation at International Marce Society Biennial Scientific Conference, Wales, United Kingdom.

Tan, J.X., Lim, S.Y.A (2015). *Role of a paediatric occupational therapist in a perinatal mental health service*. Oral Presentation at Asia Pacific Occupational Therapy Conference, Rotorua, New Zealand.

Tan, J.X., Tai, Y.L. E. (2016). *Effectiveness of self-esteem groups for mainstream teenagers with special needs*. Oral Presentation at 2<sup>nd</sup> International Conference on Adolescent Medicine & Child Psychology 2016, London, United Kingdom.

Tan, J.X., Yap, K. (2019). *Overcoming Obstacles. Working towards a shared passion*. Poster Presentation at 9<sup>th</sup> National Association of Neonatal Therapists Conference 2019, Phoenix, United States of America.