

# WHAT IS MTRC?

**Medication Therapy Review & Counselling (MTRC)** is an extended counselling service provided by the National University Hospital (NUH) pharmacy for selected patients.

# HOW DOES MTRC WORK?

Your doctor may refer you for MTRC if it may be beneficial for you

Pass the MTRC referral form to the enquiry counter at the respective pharmacies

Participate in the session conducted by the MTRC Pharmacist (30 mins)

Collect medicines from the MTRC Pharmacist and proceed with payment

## Pharmacy @ NUH

Pharmacy @  
Main Building Level 1

Enquiry: (65) 67725181

Pharmacy @  
Kent Ridge Wing Level 3

Enquiry: (65) 67725184

Pharmacy @  
Medical Centre Level 3

Enquiry: (65) 67728205

### OPENING HOURS:

Mondays to Fridays:  
9.00am to 6.30pm

Saturdays (Pharmacy @ NUH  
Medical Centre):  
9.00am to 1.00pm

Closed on Sundays and  
Public Holidays

**National University Hospital**  
5 Lower Kent Ridge Road, Singapore 119074  
Tel: (65) 6779 5555 Fax: (65) 6779 5678  
Website: [www.nuh.com.sg](http://www.nuh.com.sg)

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The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

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## Medication Therapy Review & Counselling (MTRC)

Pharmacy @ National  
University Hospital (NUH)

# IS MTRC FOR ME?

You may benefit from MTRC if you are:

- 1 Taking **4 or more** long-term medicines
- 2 **Confused** about what your medicines are for and/or how to take them



- 3 **Concerned** regarding side effects and/or cost of your medications
- 4 **Unsure** about how to take your medications

## MTRC Benefits

Through MTRC, the pharmacist can help:

### ↓ COST

- Reduce wastage by reconciling your existing medication
- Recommend to your doctor to change to more cost-effective alternatives if available

### ↓ SIDE EFFECTS

- Provide counselling on how to avoid or manage side effects
- Recommend alternatives to your doctor if side effects are intolerable

### ↑ EFFICACY

- Prevent drug interactions
- Provide education and counselling to help you understand your medication regimen

## COST

The cost shown below is for the MTRC service. Each session will take approximately 30 minutes.

Subsidy Class	Subsidised	Private
<b>MTRC service</b>	\$ 20 (w/o GST)	\$ 40 (w/o GST)

After your session, our pharmacists will follow up with you via phone consults at no further charge.

## CAN I SIGN MYSELF UP FOR MTRC?

You can opt for MTRC without your doctor's referral by enquiring at our respective pharmacies.

Alternatively, you may call our hotline to book an appointment with us in advance.