Other Instructions

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.

About the Khoo Teck Puat – National University Children's Medical Institute (KTP-NUCMI)

The KTP-NUCMI is the paediatric arm of the National University Hospital and comprises the Departments of Paediatrics, Paediatric Surgery and Neonatology. We provide comprehensive and specialised medical and surgical services for newborns, children and adolescents. NUH is the only public hospital in Singapore that offers paediatric kidney and liver transplant programmes. Through a generous gift from the Estate of Khoo Teck Puat, we have set up an integrated outpatient facility with medical, diagnostic and rehabilitation services.

For more information about us, visit www.nuh.com.sg/ktp-nucmi.

Contact Us

24-hour Children's Emergency

Location: NUH Main Building, Zone F, Level 1 General Enquiry: +65 6772 5000

KTP-NUCMI

Location: NUH Main Building, Zone E, Level 2

(Accessible via Kent Ridge Wing, Zone C, Level 2, Lift Lobby C)
Operating Hours: 8.30am - 5.30pm (Mon to Fri), 8.30am - 12.30pm (Sat)
General Enquiry: +65 6772 5736 Appointment Line: +65 6908 2222
Email: ktpnucmi_appt@nuhs.edu.sg

9a Viva-University Children's Cancer Centre

Location: NUH Medical Centre, Zone B, Level 9 Operating Hours: 8am - 5.30pm (Mon to Fri)

Appointment Line: +65 6772 5030 Fax: +65 6872 4314

Email: cbccappt@nuhs.edu.sg

NUH Children's Urgent Care Clinic @ Bukit Panjang

Location: Junction 10, 1 Woodlands Road, #01-22, Singapore 677899

Operating Hours: 9am - 11pm daily (including public holidays)

General Enquiry: +65 6219 1538 Email: childrenucc@nuhs.edu.sg

Website: www.nuh.com.sg/ucc

Location: Jurong Medical Centre,

NUH Child Development Unit @ JMC

60 Jurong West Central 3, Level 2, Singapore 648346

Operating Hours: 8.30am - 5.30pm (Mon to Fri)

Appointment Line: +65 6665 2530/2531 Fax: +65 6665 0158

Email: cdu@nuhs.edu.sg Website: www.nuh.com.sg/cdu

NUH Child Development Unit @ Keat Hong

Location: Keat Hong Community Club,

2 Choa Chu Kang Loop, #03-01, Singapore 689687

Operating Hours: 8.30am - 5.30pm (Mon to Fri)

Appointment Line: +65 6769 4537/4637 Fax: +65 6665 0158

Email: cdu@nuhs.edu.sg Website: www.nuh.com.sg/cdu

National University Hospital

Location: 5 Lower Kent Ridge Road, Singapore 119074

Tel: +65 6908 2222 Email: contactus@nuhs.edu.sg

Website: www.nuh.com.sg



Scan QR code for NUH Campus Map

Information is correct at the time of printing (October 2022) and subject to revision without prior notice.



Wound Care



Khoo Teck Puat - National University
Children's Medical Institute

Wound Care

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This pamphlet applies to children who have received wound closure at our Children's Emergency. The information will help you care for your child's wound at home.

Your child's wound was repaired with:

	Regular stitches (number of stitches:	
	Dissolvable stitches (number of stitches:	
	Adhesive Skin Closure Strips	
П	Tissue Glue	

How do I care for my child's wound?

• Stitches or Adhesive Skin Closure Strips

- Keep your child's wound covered with the applied dressing for 1 to 2 days.
- After that, a waterproof or breathable plaster may be applied to prevent the child from scratching and to keep the wound clean and dry until it has completely healed.
- Keep the wound dry for 5 days. Thereafter, you can wash the wound gently with soap and water, 2 to 3 times a day. This can be continued until the wound has completely healed. Do not rub or soak the wound. Your child may continue to shower as usual.
- The non-absorbable stitches should be removed after the doctor's review in:
- 10 to 14 days (limbs)
- 7 to 10 days (rest of body)
- If your child's stitches are dissolvable, they will dissolve on their own. Your child does not need to see a doctor to have them removed.

Tissue Glue

- Do not pick at the wound.
- Do not rub or soak the wound.
 Your child may continue to shower as usual.
- Swimming is not recommended for at least 1 week.
- Do not apply any cream and ointment on the wound.
- Do not cover the wound with a bandage unless the doctor or nurse tells you to do so. It is alright to wear clothes that cover the wound.
- The tissue glue will peel or fall off in 5 to 7 days.
- Your child does not need to see a doctor after the tissue glue has peeled or fallen off.

How will the wound look like as it heals?

The edges of your child's wound will become slightly pink as it heals.



Should I bring my child to the Urgent Care Clinic (UCC) or Children's Emergency?

Please bring your child to the UCC* if:

- Your child's wound becomes painful, red or swollen.
- There is yellow or green fluid coming out from your child's wound.
- Your child develops a fever (body temperature of more than 38.0°C) within 72 hours.
- *UCC is a walk-in clinic in the community for children and adolescents up to 18 years old with urgent but non-life threatening conditions. It is open daily from 9am to 11pm (last registration at 9pm).

Please bring your child to the Children's Emergency immediately if:

• Your child's wound has an unpleasant smell.

· Your child's wound opens up.





Other Instructions