



POST NASAL SPACE BIOPSY

Patient and Family Information

Post nasal space is the space at the back of the nose (nasopharynx) that connects the nose to the throat.

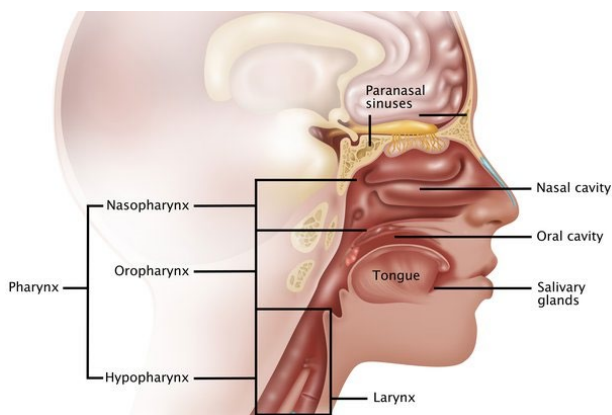


Image Source: NHS Choices 2018

A biopsy is a procedure involving extraction of tissues for microscopic examination to determine the presence or absence of a disease.

Your doctor may recommend a post nasal space biopsy if there are suspicious features on clinical examination in the appropriate context (for example, a post nasal space mass in a patient presenting with epistaxis).

Patients who are on antiplatelet or anticoagulant therapy may be advised to temporarily stop these medications prior to the procedure. This is to minimise the risk of bleeding post procedure.

General advice:

- Refrain from taking hot meals/drinks for the first 1 hour after the procedure
- Do not forcefully cough, sneeze or blow the nose
- Small amount of blood stains may be expected. Wipe away any blood that trickles down from the nose or spit it out from the mouth.

Please seek medical attention if you have any of the following post-procedure:

- Profuse bleeding from the nose and throat

Should you have any pre or post operation queries, please call us at 6772 4551 or email us at ent_fc@nuhs.edu.sg.

For urgent medical attention, please walk into the clinic during operating hours (Monday to Friday, between 8.30am to 5.30pm) or visit the Emergency Department after clinic hours.

Reference:

- NHS Choices:
<https://www.nhs.uk/conditions/nasopharyngeal-cancer/>

National University Hospital

5 Lower Kent Ridge Road, Singapore 119074

OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

www.nuh.com.sg

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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