



Travel vaccination services

NUH Traveller's Health and Vaccination Clinic

Why Choose Our Travel Health Service?

Planning ahead is essential for safe travel.

Our Infectious Diseases specialists provide comprehensive travel health consultations tailored to your specific destinations, activities, and medical history.

We keep up to date with health requirements and disease outbreak news to provide relevant recommendations for your journey.





What Our Clinic Offers

Pre-Travel Consultations

- Country-specific health advice and vaccination recommendations
- One-stop travel counselling and vaccination for the entire family by our Adult and Paediatric specialists
- Specialised guidance for travellers with specific medical needs (*pregnant women, elderly, or immunocompromised individuals*)
- Prescription medications for prevention against malaria, traveller's diarrhoea and altitude sickness

Vaccinations Available

Recommended based on travel destination:

- Yellow Fever* – Including issuance of International Certification of Vaccination (*Designated Yellow Fever vaccination centre by Ministry of Health*)
- Meningococcal ACWY-135*
- Meningococcal B (Trumenba)
- Polio*
- Hepatitis A
- Typhoid
- Rabies
- Japanese Encephalitis
- Tick-borne Encephalitis

Malaria prophylaxis options available:

- Malarone
- Doxycycline
- Mefloquine

*Entry requirements for certain countries

Note: Vaccine availability varies based on supply



Important Vaccination Guidelines

Before Your Trip

- Schedule your appointment ideally four to six weeks before departure for adequate vaccine protection

After Vaccination

Common side effects are mild and usually resolves within a few days. These typically include:

- Pain, swelling or redness at injection site
- Fever, headache, muscle ache or fatigue

Personalised counselling and advice will be provided depending on the vaccine administered.

Seek immediate medical attention if you experience shortness of breath, skin rashes, swelling of eyes, face or lips, or persistent fever $\geq 38^{\circ}\text{C}$.

Important Safety Notes

- Complete all vaccine doses as scheduled for full protection
- Women should avoid pregnancy for four weeks after live vaccines (including Yellow Fever vaccine)

Frequently Asked Questions

+ Why should I visit a travel clinic instead of my family doctor?

A travel clinic provides comprehensive pre-travel counselling for both adults and children regarding immunisations, prophylaxis medications and specialised medical health advice based on your travel destinations.

+ When should I visit a travel clinic?

It is recommended to book your appointment with your travel clinic at least 4 to 6 weeks prior to departure.

+ What should I bring to my appointment?

- Immunisation health records
- List of medications and drug/vaccine allergies
- Detailed travel itinerary (dates, destinations, planned activities)

+ Do you provide counselling and vaccinations for group travellers or corporate groups?

The NUH travel clinic can accommodate group travellers and corporate groups for family vacation, business trip or school excursion, ensuring your journey is safe and worry-free.

We recommend to schedule appointments in advance and discuss any specific requirements for your group.

+ How do I book my appointment?

You can contact us at (65) 6772 8600 from Mondays to Fridays, 8:30am to 5:30pm, or scan this QR code to fill in the appointment request form on our webpage.



Scan here for the
appointment request form

Book your consultation with the Travellers' Health and Vaccination Clinic



Location:

Outpatient Procedure Centre / OPAT
NUH Medical Centre, Level 3

Operating Hours:

Monday to Friday, 2:00pm to 5:00pm

Contact Us:

Phone: (65) 6772 8600 (8:30am to 5:30pm)

Email: travel@nuhs.edu.sg

**Start planning your safe travel today –
contact us to schedule your consultation!**

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OneNUHS Appointments: appointment@nuhs.edu.sg

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Scan for
more information

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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