

WHO WE ARE

At the Multi-Disciplinary Infectious Diseases Clinic (MIDC), **we pride ourselves on our holistic approach to the treatment of HIV/AIDS**. Patients who come to us will receive care from our team of nurses, doctors, pharmacists, and medical social workers in order to find a treatment and support plan tailored to their needs.

WHAT WE OFFER

The MIDC offers the following services:

- Medical management of HIV and its complications
- Antiretroviral Therapy (ART)
- Same-Day ART
- Opportunistic Infections (OI) therapy and prophylaxis, including nebulised pentamidine
- Vaccinations and other routine healthcare checks for PLWHA
- HIV counselling services for patients, their partner(s) and families
- Partner testing
- STI screening and treatment
- Disclosure support
- Financial counselling
- Adherence and medication counselling
- Preventative services (PrEP, PEP)
- Follow-up consultations with the same doctor at every visit

Appointment

Tel: (65) 6772 2002

Please call during Mon-Fri, 8.30am – 5.30pm

Sat, 8.30am – 12.00pm

Email: appointment@nuhs.edu.sg

Other enquiries

Tel: (65) 6772 7800 (select extension 2)

Please call during Mon-Fri, 8.30am – 5.30pm

Email: nuh_midc@nuhs.edu.sg



Scan this QR code for
the MIDC Patient
Fact Sheet

HIV PROGRAMME

National University Hospital
5 Lower Kent Ridge Road
Singapore 119074

Tel: (65) 6779 5555 Fax: (65) 6779 5678

Website: www.nuh.com.sg

Company Registration No. 198500843R

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notice.

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MIDC

Multi-Disciplinary
Infectious Diseases Clinic

SAME-DAY ART INITIATION

BETTER QUALITY OF LIFE

EMPOWERED LIVING PROGRAMME

In addition to providing clinical HIV care, the MIDC team conducts a 1-day workshop that provides an opportunity for Persons Living with HIV/AIDS (PLWHA) to learn about HIV, medication, diet and wellbeing. It also provides an opportunity for you to meet and socialise with other PLWHAs.



- A 1-DAY WORKSHOP
- LEARN FROM YOUR PEERS
- SAFE ENVIRONMENT



WHY START EARLY TREATMENT?

Early treatment should be offered to anyone with a confirmed HIV diagnosis, for the benefit of the patient, and to **reduce the risk of HIV transmission** in the community.

Providing Same-Day Antiretroviral Therapy (ART) during early HIV infection helps to **improve the patient's body immune function** to **prevent future onset of HIV-related complications**. There is evidence that Same-Day ART **reduces treatment delays, improves the patient's retention in care** and **virologic suppression (undetectable status)**.

With the current standard treatment initiation procedure, patients may wait up to eight weeks before medications can be started. The waiting period before treatment is an anxious one as patients have concerns over costs, side effects and the psychosocial impact that can deter a person from seeking treatment. Same-day ART seeks to **reduce this anxiety when treatment starts early**.

At MIDC, we offer patients the opportunity to start Same-Day ART during their first visit to our clinic.

WHAT TO EXPECT ON THE FIRST VISIT



Guaranteed appointment in our clinic within 96 hours for newly diagnosed patients.



Immediate holistic assessment by doctor, nurse and medical social worker.



Comprehensive ART counseling by pharmacist.



Eligible patients who qualify for rapid ART will be offered to start treatment on the same day.



We are here to help. Call or text us:

Tel: (65) 9186 2310