

IS PrEP RIGHT FOR YOU

Proven Technology
Peace Of Mind
Affordable

PrEP is for...

people who are at risk of contracting HIV. Including, but not limited to people who do not use a condom consistently during sex, or are in a relationship with a person living with HIV, or shares any injection equipment. If you are still unclear whether it's for you? Drop us a mail!

What Is PrEP?

PrEP stands for Pre-Exposure Prophylaxis, it is the use of anti-HIV medications to keep HIV negative people from becoming infected.

1 Pill a day can keep HIV at bay.

PrEP has been shown to be safe and effective at preventing HIV infection when taken correctly. Speak to our doctors to start.

The BePrEP Clinic can be reached 24 hours a day, 7 days a week. For more information or to make an appointment:

Scan this QR code,
email bpc@nuhs.edu.sg, or
call +65 9186 2310



Visit Us If

- You have had a high risk exposure and need PrEP
- You are worried or have questions about your sexual health
- You are wondering if PrEP is right for you
- You have had sex with someone who has tested positive for an STI or HIV
- You would like to have safer sex advice or counselling
- You would like to discuss how best to protect yourself from STIs and HIV

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Information is correct at time of printing (08/2019) and subject to revision without prior notice.

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

BePrEP Clinic One Pill To Prevent HIV



Speak to us if you want
to prevent HIV with a daily pill
or after the condom broke!

How Do I Start PrEP?



What is BePrEP Clinic?

Started in 2016, The BePrEP Clinic is a confidential, holistic service that offers specialist expertise in Sexually Transmitted Infections (STIs) and HIV prevention.

The BePrEP Clinic provides:

- Sexual Health Related Counselling
- Testing & Treatment for STIs and HIV
- Post Exposure Prophylaxis (PEP)
- Pre Exposure Prophylaxis (PrEP)

Why Choose Us

- Friendly & safe
- Experienced team of healthcare professionals
- Non-judgemental
- Affordable

What If I Test Positive?

If your test is positive, rest assured that it will be treated with care and our team of specialists will provide the best support and care to you and your support networks. Your well-being is important to us.

I NEED PEP

TURN BACK TIME

When Do You NOT Need PEP?

If the person you just had sex with is HIV positive, but is on treatment and has achieved an undetectable viral load, there is negligible risk of transmission.

However, you should verify with a specialist if PEP is needed.

The science is clear. People living with HIV can feel confident that if they have an undetectable viral load and take their medications as prescribed, they will not pass on HIV to sexual partners (Undetectable = Untransmittable U=U).

For more information on U=U, consult our clinic specialist.

Condom Broke Or Exposed To HIV?

Start PEP Within 72 Hours

What Is PEP?

PEP or Post-Exposure Prophylaxis, is a combination of anti-HIV medication. When taken correctly after a potential high-risk HIV exposure, it can prevent you from becoming HIV positive.

